

# Addressing unrest, disinformation and violence

This is a list of links to resources to help us all support young people and our communities following civil unrest, discrimination and violence.

It has been sourced from a network of youth organisations across the UK.

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## **Be Internet Citizens – UK Youth - Curriculum Guide**

Curriculum guide for youth workers that explores digital literacy, including mis/disinformation, stereotyping, online conflict, conscious and unconscious bias, among other themes.

## **Be Internet Citizens - YouTube and the Institute for Strategic Dialogue**

Video resources aimed at teachers, addressing media literacy, critical thinking and digital citizenship

## **Talking with children about a major emergency – British Red Cross (5-11)**

A session plan to talk to children (5-11yrs or additional needs) about major emergencies.

## **Talking with young people about a major emergency – British Red Cross (11-19)**

A session plan to talk to young people (11-19) about major emergencies.

## **How can I support my child after a traumatic event? – Place2Be**

Advice for parents supporting children after traumatic events.

## **Resources – Beacon House**

A resource hub covering themes that include developmental trauma, war and conflict. This page also includes links to a range of support services.

## **Resources - UK Trauma Council**

A resource hub covering themes that include childhood trauma, war, migration, asylum, traumatic bereavement, responding to critical incidents.

## **Resources – Winston's Wish**

Resources to help support bereaved children.

## **Resources – Young Minds**

Links to resources for professional supporting young people with mental health issues. Filters can be adjusted to access resources for young people and parents as well.

## **Psychosocial support – British Red Cross**

Resources providing guidance around how to offer psychosocial support in the event of everyday and major emergencies. Specific section for professionals towards the bottom of the page.

## **Online Harms Training – The Social Switch Project**

Links to sign up for free virtual training for parents/carers and professionals supporting children and young people dealing with both harmful online behaviour and the real-life violence which can escalate as a result.

## **Guidance for those working with young people following a traumatic community event - NYA**

Guidance for youth workers and young people following traumatic community events.

## **Young and Black Campaign - UKYouth**

LA campaign and resource pack aimed at amplifying young and black voices, celebrating and showcasing the achievement of young black people and enabling young and black people to be heard through the creation of safe spaces.

## **Shout Out UK free resource hub**

A range of media and political literacy videos aimed at young people covering topics like mis/disinformation, how to avoid being manipulated, and human rights.

## **Shout Out UK: Don't get manipulated by the far right**

A video from the abovementioned hub that deals specifically with far right manipulation tactics.

## **Physical Security in Youth Work Settings – NYA Safeguarding Hub**

Resources providing guidance around how to offer psychosocial support in the event of everyday and major emergencies. Specific section for professionals towards the bottom of the page.

## **Speak Out Toolkit – NYA**

A toolkit designed to be used alongside young people to stimulate discussion, thought and reflection around key themes such as identity, belonging, diversity and community.

### **Are we missing anything?**

If you know of a resource you think would be useful for the sector, please get in touch at [Network@nya.org.uk](mailto:Network@nya.org.uk)

[www.nya.org.uk](http://www.nya.org.uk)

[www.ukyouth.org](http://www.ukyouth.org)

[www.regionalyouthunits.com](http://www.regionalyouthunits.com)